

REPORT TO THE PEOPLE 2022



Did you know...

Robertson County was carved from Nicholas, Harrison, Bracken, and Mason Counties and was created in 1867 by the Kentucky General Assembly.

AGRICULTURE & NATURAL RESOURCES

Beef Field Day Fosters Guidance for Forage Production

Robertson County producers gathered on Monday, September 12th to expand their knowledge on general forage production (both pasture and hay production). Dr. Ray Smith, a UK Forage Specialist started out the evening with giving all in attendance a Forage Pocket Guide. He then gave then scenarios where they had to use the pocket guide. He was able to demonstration with a variety of forage species, fertilizers, herbicides, etc. The discussion was wrapped up by a Corteva rep that provided participants with a Range & Pasture Weed ID Guide and discussed different herbicides that can be used for various weeds in our area. There were 76 producers in attendance, not counting the 16 FFA members who helped prepare and serve the meal. This field day allowed the producers to learn more about the forages and weeds in our area, how they can manage them, and how to advance the production on their farms.



FAMILY & CONSUMER SCIENCES

Bingocize at Robertson County Health Care Facility

Over 13 million adults 65 years of age and older will fall this year resulting in over \$50 billion in health care costs. The good news is effective health promotion programs can help reduce falls. The bad news, adherence and retention are typically less than fifty percent because older adults believe exercise programs are painful and not very much fun. To address this problem, Dr. Jason Crandall created Bingocize®, a socially engaging group-based program that combines exercise, health education, and the widely popular game of bingo.

At Robertson County Health Care Facility, residents participate in Bingocize® twice a week with Britney Poe who is a trained facilitator. Group sizes vary from 6 to 15 participants each session. Friends and family can visit during Bingocize® sessions and exercise and socialize together.



4-H YOUTH DEVELOPMENT

Passport Kitchen

Passport Kitchen is a 4-H initiative to open up the minds of our youth to global opportunities without having to leave our own kitchens. UK has provided recipes for 6 different countries along with interesting facts and tutorials.

Robertson County has put its own positive spin on the program. We offer this as an in-person monthly program with each encounter being a new country.

Mexico was our first stop. We watched a National Geographic for Kids video on Mexico and learned about the culture and what the youth in this country like to do for fun. After the video we dined on coconut candy and red chili candies and tasted Jarritos which is a carbonated drink. While eating our snacks we worked on corn husks dolls which are a traditional toy from the area. After that we headed into the kitchen to prepare the street corn dish that was in the passport packet.

When the travelers finished the class they left with their very own passport packet with a recipe they were familiar with so they could prepare it for their families.

Passport Kitchen is also teaching our travelers about sanitation methods in the kitchen, knife skills and stove and oven safety.

Our other locations are Brazil, India, South Africa, Laos, and Germany.



Forestry Field Day Offers New Experiences for Youth

This year we were able to take 6 youth to the Forestry Field Day held at Carter Caves State Park. The purpose of the field day was to teach the basics of tree identification, tree measurement, and the use of a compass and measuring distances by pacing. The youth were broken up into groups and rotated through the lessons that each covered one of the above topics. They used their math knowledge to figure up numbers, degrees, and heights all while learning about different components of forestry. At the end of each component, the youth were given a quiz over what they had just learned and then awarded for their scores at the end. This was the first time many of those youth had done any of those activities and they all learned a great deal from just that one field day. They even noted how excited they were for the following year.



Camp Numbers Continue to Grow

In 2022, Robertson County took 60 campers and 75 total people to 4-H Camp. This does not include the 15 campers that attended Cloverbud Camp. The number of campers have been increasing since we jumped from 28 total people in 2018 to 59 total people in 2019. The numbers for 2023 are looking promising as well for another increase in numbers. The 4-H Camping program has been amazing for the youth of Robertson County. We strive to take as many youth as possible to camp and let them experience some of that "camp magic". Robertson County has approximately 275 youth that are between the ages of 9-18. That is almost 21% of the youth population that are eligible to attend 4-H Camp, actually attending. We hope to be able to grow our program each and every year and make it the best possible experience for the youth of Robertson County.



20

Number of participants who demonstrated an increase in physical activity levels

35

Number of individuals more likely to buy a Kentucky fruit or vegetable as a result of receiving a Plate It Up! Kentucky Proud recipe card or sampling a recipe

76

Number of people who gained knowledge of forage production, management and/or profitability which could include species, best management practices for species, forage harvest and storage, pasture renovation

24

Number of people who improved equipment or facilities

36

Number of youth who demonstrated a skill that was learned or improved by participating in 4-H agriculture programming

75

The number of youth who participated in overnight, 4-H summer camps



@RobertsonCountyExtensionService



@robcoext

Contact Information:

Monday-Friday, 8:00am - 4:30pm
Lunch from 12:00pm-1:00pm

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COOPERATIVE EXTENSION



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